

“Heartsounds” is a Recovery Circles Foundation newsletter designed to connect partners to one another and to the Foundation’s mission of *“assisting underserved individuals in need of on-going treatment to support their continued healing and recovery.”*

Quarterly issues will contain information about Foundation activities, partner news, guest editorials and “soundbites” from our partners. It is our hope that this newsletter will serve as a forum whereby we can learn from one another.

From the President and CEO

Winter is upon us. This is the season of hope and promise. The hope for what lies beneath the snow and frost, and the promise of new life that comes with continued recovery. Recovery Circles Foundation is all about hope and the promise of support for those of limited means in need of treatment and after care assistance. During the last year, along with the enthusiastic work of our partners and Board of Directors, we have been able to give deserving individuals a chance to hope and create positive change. When all else fails, Recovery Circles Foundation is there to help fund continuing recovery work in concert with all of our partners. The testimonials and letters of thanks that appear in “Heartsounds” encourage us to continue with our mission. As we go into the New Year, I wish all of you a year of hope and promise.

RCF Board Member Profile · Sean Ford



W. Sean Ford
Vice President RCF

W. Sean Ford, Vice President, spent seven years as a senior strategy consultant with Monitor Group, an international strategic consulting firm with 26 offices worldwide headquartered in Cambridge, Massachusetts. In addition to his consulting work with Monitor, Sean was the Director of Global Recruiting for the firm. In 1999, he helped raise over \$120MM in investment capital as a co-founder of UPromise, Inc. a company dedicated to helping America’s families save money for their college education and was a member of the management team

as the Vice President of Product Management. After UPromise, Sean spent a year working at The Meadows in Wickenburg, Arizona. This experience fostered his interest in addiction and recovery issues and led him to accept the role as President and CEO of an insolvent not-for-profit organization called AFAR. Sean spearheaded a rapid turnaround of AFAR, opening offices in Cambridge, Massachusetts and Scottsdale, Arizona, and re-launching the foundation as CompassPoint Addiction Foundation. Sean received his BA from Williams College in 1990, and his Masters in Business Administration from Harvard University Graduate School of Business in 1995. Sean is currently the Special Assistant to the Chairman of the Plymouth Rock Companies located in Boston, Massachusetts, and resides in Weston, Massachusetts with his wife, Deborah, and four children.



**“Hope” is the thing with feathers
That perches in the soul!
And sings the tune without words
And never stops – at all.”**

Emily Dickinson

Partner Profile

NEXUS RECOVERY CENTER, Dallas TX ♦ www.nexusrecovery.org

Nexus is a one hundred and four bed in-patient campus plus an out-patient managed care recovery facility with programs to serve four distinct populations of women: Adult women 18 years or older, Adult women with children up to 12 years old (they stay with Mothers while in treatment), Adolescent girls 13-17 years old and Pregnant/postpartum women with infants and children. The Center's mission is the "recovery and sustained independence from drug and alcohol abuse for disadvantaged women, including adolescent females and women with children." RCF is currently helping to fund Nexus Recovery Center's aftercare program.

Guest Editorial

Paul Teodo, Behavioral Health Services ♦ paul_teodo@cdh.org

There seem to be a lot less people in recovery these days. There was a point in time when it was easier to access what most people in the field believe to be the best chance for someone to get a firm basis for recovery - communal and residential treatment programs. Because of payment issues, and because some treatment programs over the years unfortunately may have taken advantage of payers, this kind of treatment is pretty much reserved for people who either live in a state where these types of programs are publicly funded, or who can pay the \$10,000 to \$20,000 themselves. Middle class and low-income people are finding it difficult, if not impossible, to access the more effective forms of treatment. Waiting lists are so long at publicly funded providers that some people may die or relapse waiting to get in. Some states don't have publicly funded services or they may be very limited. There seems to be no wait to get into the "better centers." On the other hand, insurance may not be accepted at these types of treatment centers. I don't see this changing any time soon. The lines may get longer, the criteria to get in may become more stringent, and there may be fewer programs available with length of stay at these programs decreasing.

Partners

Look for the "Partner News" section beginning in our Spring Issue.

- Behavioral Health Services, Winfield, IL
- Cathedral Shelter of Chicago, Chicago, IL
- Deborah's Place, Chicago, IL
- Life Enrichment Services, Wheaton, IL
- Life Healing, Santa Fe, NM
- The Meadows, Wickenburg, AZ
- Nexus Recovery Center Inc., Dallas, TX
- Onsite Workshops, Cumberland Furnace, TN

RCF Mission Statement

Recovery Circles Foundation is committed to assisting underserved individuals in need of on-going treatment to support their continued healing and recovery.

Soundbites

Our partners and their patients tell the story of Recovery Circles Foundation in their own words.

"Thank you so much for the grant you gave me to extend my stay at Life Healing Center. It made a big difference in the amount of strength I was able to take home with me...to carry on what I learned and get on with a new life!"

Tammy D.
Alumni, Life Healing Center

"I wish you could see her face. The healing and the inner peace are palpable. I share in her gratitude."

Cynthia Power
Life Enrichment Services, Inc

"Thank you for giving me a grant to attend The Meadows' week long program "Love Addiction and Love Avoidance" in Wickenburg, AZ. I have many strong personal struggles in my life and appreciate this experience with all my heart."

Renee D.
Alumni, Life Enrichment Services, Inc. and The Meadows

Board Members

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